

Leeds Carers Charter

A carer is a person who provides care for someone else who, because of long term illness, mental illness, impairment or old age, is not able to care for him or herself.

A carer can be:

- A parent
- A son or daughter
- A brother or sister
- A husband, wife or partner
- A relative, friend or neighbour

A carer is someone who is not paid for the care they provide.

Young carers are children and young people who take or share responsibility for the care of another person (Carers Act 1995).

If you are a carer, using our services, you can expect:

- To be recognised, identified and valued for your caring role and be treated with dignity and respect.
- To access, or be signposted to, relevant and up to date information about the support that is available for you as a carer.
- Our staff to inform you about the right to a carer's assessment and to be referred appropriately - if you wish.
- Your own health needs to be recognised and to be supported to maintain your physical, mental and emotional health and well-being.
- To be included (with the permission of the person you care for) as a valued partner in the planning and delivery of his/her treatment and care, and in particular in discharge planning.
- To have the right to choose the level of care you are able to offer, depending on your age and ability.
- To be considered as an individual, and for services to strive to reflect your own needs.
- Have opportunities to comment on, and be involved in, the wider planning and evaluation of services.

If you need more information on this charter please contact:

NHS Leeds:

0800 0525270 (PALS)

Leeds Teaching Hospital

NHS Trust:

0113 206 7168 (PALS)

Leeds Partnerships NHS

Foundation Trust (LPFT):

Contact LPFT Carers Support team on 0113 295 4445

Leeds City Council (LCC):

Services for adults

0113 222 4401

Services for children and young people 0113 222 4403

